PLANNING FOR COLLEGE: A PARENT'S GUIDE TO FINANCIAL PREPAREDNESS





Planning for college can feel overwhelming, especially when considering the costs involved. But with the right strategies in place, you can help your student achieve their academic dreams without breaking the bank. This guide offers practical tips to help you navigate the financial journey ahead.

Starting Early - The Power of Planning Ahead

Begin Saving Now

It's never too early to start saving for college. Even small, consistent contributions can grow significantly over time. Consider setting up a dedicated college savings account and automating your monthly contributions.

Explore 529 Plans

A 529 plan is a tax-advantaged savings plan designed specifically for education expenses. It offers tax-free growth and withdrawals for qualified educational costs. Learn more about 529 plans and how they can benefit your family at <u>SavingforCollege.com</u>.

Teach Financial Education

Involve your student in the financial planning process by teaching them about budgeting, saving, and the value of money. This not only prepares them for college expenses but also sets them up for financial success in the future.

Maximize Financial Aid & Scholarships

Complete the FAFSA Early

Filing the FAFSA (Free Application for Federal Student Aid) as soon as possible after it is available is the crucial first step to maximizing financial aid. Visit <u>FAFSA.gov</u> to get started and explore available aid.

Research Scholarships

Scholarships are essentially free money for college. Encourage your student to apply for as many scholarships as possible. Websites like Fastweb and Scholarships.com are great resources for finding opportunities.

Don't Overlook Local Scholarships

Local scholarships offered by community organizations, businesses, and schools often have less competition than national ones. Encourage your student to check with their school counselor and local organizations for potential scholarships. Remember to look for special scholarships for your student's desired field of study.

Choose the Right College

Understanding the "Real" Cost

When choosing a college, it's important to compare not just tuition costs but also all of the other costs involved in going to college. Food, housing, fees, materials and supplies, to name a few, all play into the total spend each term. To learn more about the total cost of college visit <u>Understanding College Costs</u>.

Weigh the Total Value

Just like the real costs, there are also other values to consider. Look at graduation rates, job placement rates, and the availability of financial aid. Tools like <u>College Navigator</u> can help you compare schools based on these criteria.

Consider In-State vs. Out-of-State

In-state public colleges often offer lower tuition rates than outof-state or private schools. Weigh the benefits of staying in-state, such as reduced costs and proximity to home, against the potential advantages of out-of-state options.

Explore Community College Options

Starting at a community college can be a cost-effective way to complete general education requirements before transferring to a four-year university. This can significantly reduce overall college costs while still achieving the goal of a bachelor's degree.

Consider All Funding Options

Explore Work-Study Programs

Work-study programs provide students with part-time jobs to help pay for college expenses. These programs can offer valuable work experience while reducing the need for loans. Learn more about workstudy options at <u>StudentAid.gov</u>.

Understand Student Loans

Not all student loans are created equal. Federal loans typically offer better terms than private loans. Ensure you understand the differences and choose the best option for your family's situation. Explore federal loan options at StudentAid.gov.

Look Into Parent PLUS Loans

Parent PLUS loans allow parents to borrow money to help pay for their student's education. These loans can cover the gap between the cost of attendance and other financial aid. However, be aware of the repayment terms and interest rates. Learn more about Parent PLUS loans at StudentAid.gov.

Planning Resources Start planning now by visiting these resources:

- FAFSA Application
- <u>Saving for College</u>
- <u>Scholarship Search</u>
- <u>College Navigator</u>
- <u>StudentAid.gov</u>

Plan for the Unexpected

Have an Emergency Fund

Life is unpredictable, and unexpected expenses can arise at any time. Establishing an emergency fund can provide a financial safety net for your family, ensuring that you're prepared for anything that comes your way.

Consider Insurance

Health insurance is crucial for college students. Additionally, some families may benefit from tuition insurance, which can cover non-refundable costs if your student has to withdraw from school due to illness or other reasons. Research your options and choose the coverage that best fits your needs.

Keep an Eye on College Costs

College costs can fluctuate due to tuition hikes, fees, and other expenses. Stay informed about the total cost of attendance at your student's chosen school and adjust your budget accordingly.

Stay Involved

Communicate Regularly

Open and honest communication about finances is key. Regularly discuss college costs, budgets, and financial aid with your student. This helps set realistic expectations and encourages them to take ownership of their education expenses.

Monitor Progress

Keep track of your savings, financial aid, and any loans to ensure you're on track to meet your financial goals. Regularly reviewing your plan allows you to make adjustments as needed and stay ahead of potential issues.

You are ready!

Paying for college is a significant responsibility, but with careful planning and informed decisions, you can support your student's educational journey without unnecessary financial stress. Remember, you're not alone in this process - there are many resources available to help you every step of the way, like those we've listed. The schools your student is interested in likely have several resources available as well. Be sure to ask!

The Way Forward

Inceptia, a nonprofit organization, provides innovation and leadership in higher education access and success through engaging and empowering students and streamlining processes.

